

## LIFE GUARD CERTIFICATION CLASS

New certification 200.00 Renewal certification 140.00

Please circle which one you are registering for

\_\_\_\_\_ NEW 200.00

\_\_\_\_\_ RENEW 140.00

### YOU MUST ATTEND ALL SESSIONS

Must be at least 15 years of age , must be able to pass all pre requisites which include a 150 yard swim using front crawl or breast stroke or a combination of, a 2 minute tread in deep using legs only, then continue with an additional 50 yard swim and the ability to retrieve a 10 lb brick from 7 ft deep water, surface and swim on back 20 yards with weight and exit the pool without using a ladder within 1 minute and 40 seconds.

This course is offered as a blended learning course, participants must complete all video segments before class or they will not be allowed to participate in class.

Name \_\_\_\_\_

E-Mail \_\_\_\_\_ (please print carefully)

CELL \_\_\_\_\_

AGE \_\_\_\_\_

### NEW ATTENDEES MUST ATTEND ALL 4 SESSIONS

Re-certs Must attend Oct 13<sup>th</sup> ,15<sup>th</sup> ,16<sup>th</sup>

Oct 13 Pre-requisite 3:00pm-5:00pm

Oct 14 9am-3:00pm

Oct 15 8:00am-5:00pm

Oct 16 8:00am-5:00pm

